



Mary's Yard

ALLERGEN INFORMATION

Please inform a member of staff of any allergies or dietary requirements before ordering. All products are made in an environment that handles the 14 major allergens.

Mary's Yard Menu — Allergen Range

Food Item	Celery	Cereals (Gluten)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
SAVOURY SNACKS														
Sausages														
Oatcake		✓					✓							✓
Loaded Skins				✓			✓							
Cheese Scones		✓		✓			✓							
Quiche		✓		✓			✓		✓					
Crustless Quiche				✓			✓							
Tuna Mayo				✓	✓									
Tuna Melt					✓		✓							
Egg Mayo				✓			✓							
SANDWICHES & WRAPS														
Goat's Cheese, Tomato & Pesto Sandwich		✓					✓							
Roast Veg & Cheddar Sandwich		✓					✓							
Chicken & Bacon Melt Sandwich		✓		✓			✓							
Ham, Cheddar & Chutney Sandwich		✓					✓							
Chicken & Cranberry Sandwich		✓												
Salad Bowl (Plain)				✓										
Roast Veg														
Oatcake with Roast Veg & Cheddar		✓					✓							
Oatcake with Bacon & Cheddar		✓					✓							

Food Item	Celery	Cereals (Gluten)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Rosemary Ciabatta		✓												
Muffin Loaf		✓					✓							
Brioche Tin		✓		✓			✓							
Almond Croissant		✓		✓			✓			✓				
Pain Aux Raisin		✓		✓			✓							✓
Teacake		✓		✓			✓							✓

Last updated 14/06/2026

Key: ✓ Allergen Present